



BodySoul Balance Spa is a premier wellness destination dedicated to promoting holistic well-being and rejuvenation for its guests. At this luxurious spa, visitors are invited to indulge in a variety of therapeutic treatments and services designed to restore harmony between the body and mind.

The spa's expert practitioners use a combination of ancient techniques and modern wellness practices to ensure that clients leave feeling refreshed and revitalized. Guests can choose from a range of massages, facials, and body treatments tailored to their individual needs, creating a personalized experience that caters to their unique preferences.

The spa also emphasizes the importance of mindfulness and self-awareness, encouraging clients to embrace a balanced lifestyle. Whether you are seeking relief from stress, a boost of energy, or simply a moment of tranquility, BodySoul Balance Spa offers a sanctuary where you can unwind and reconnect with yourself.









# MENU

### BODY TREATMENTS

#### SPORTS MASSAGE

Designed to relieve muscle tension and improve flexibility, ideal for athletes or active individuals.

FJ\$120 | 60 Mins

#### RELAXING MASSAGE

A calming treatment focusing on relaxation and stress relief through gentle techniques. FJ\$100 | 60 Mins

#### DEEP TISSUE MASSAGE

Targets deeper muscle layers to alleviate chronic pain and tension. FJ\$120 | 60 Mins

#### BACK MASSAGE

Focuses specifically on the back area to relieve tension and discomfort. FJ\$100 | 60 Mins

#### HOT STONE MASSAGE

Utilizes heated stones to promote relaxation and ease muscle stiffness.

FJ\$150 | 60 Mins

#### FULL BODY EXFOLIATING

A treatment that removes dead skin cells, leaving the skin smooth and rejuvenated. FJ\$100 | 60 Mins

#### FOOT MASSAGE

A soothing treatment focusing on the feet to relieve tension and improve circulation. FJ\$100 | 60 Mins

#### HAND MASSAGE

Targets the hands for relaxation and rejuvenation. FJ\$100 | 60 Mins

#### SCALP MASSAGE

A relaxing massage for the scalp to reduce stress and promote relaxation. FJ\$100 | 60 Mins









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## FACIAL TREATMENTS

### VITAMIN C FACIAL

Infuses the skin with Vitamin C for brightness and hydration.

FJ\$120 | 60 Mins

#### HYDRATING FACIAL

A facial treatment aimed at deeply moisturising the skin. FJ\$120 | 60 Mins

#### INSTANT GLOW FACIAL

A quick facial treatment designed to instantly brighten the complexion. FJ\$120 | 60 Mins